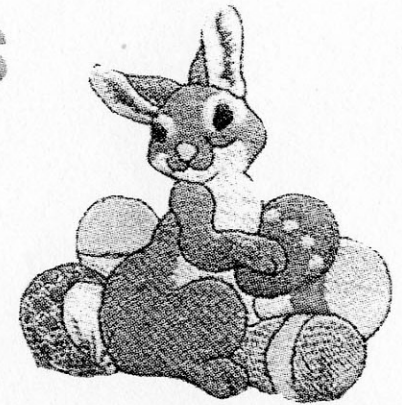




Nutrition Sites And Menus For April



R.E.A.L. Services Nutrition Sites

IN ELKHART COUNTY

Bristol: United Methodist Church, 201 Division, Phyllis, (574) 848-7182

Elkhart: Funtimers, 300 N. Main St., Mary, (574) 320-5863; Riverside Terrace, 181 N. Elkhart Ave., Ruth, (574) 320-5995; Stratford Commons, 2601 Oakland Ave., Connie, (574) 320-5996; Waterfall Hi-Rise, 301 Waterfall Dr., Marie, (574) 320-6078

Goshen: Greencroft, 1310 Greencroft Dr., Brenda, (574) 971-6016

Nappanee: Elder Haus, 451 Main St., Chris, (574) 993-2945

IN KOSCIUSKO COUNTY

Mentone: Community Room, 201 Main St., Pam, (574) 353-7555

North Webster: Community Center, 301 N. Main, Suite D, Peggy, (574) 834-1193

Pierceton: Senior Citizen's Building, 205 First St., Holly, (574) 594-5632

Silver Lake: Lions' Building, SR 14 E., George, (260) 352-3238

Syracuse: Syracuse Community Center, 1013 N. Long Dr., Judy (574) 457-2631

Warsaw: Courts of Colfax, 600 N. Colfax St., Gerry, (574) 267-0027; Retired Tigers, 320 W. Main St.,

Debbie, (574) 267-0037; Warsaw SAC, 800 N. Park Ave., Kathy, (574) 267-0026

IN MARSHALL COUNTY

Bourbon: Senior Center on North Harris, Jan, (574) 342-7031

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS SERVED WITH SKIM MILK			Liver & Onions W/Gravy Mashed Potatoes Pinto Beans Mandarin Oranges Wheat Roll	Spinach Quiche Fruit Salad Coffee Cake 100% Juice
Stuffed Baked Potato Paco Meat Broccoli Cheese, Sour Cream, Marg. Muffin Peas 100% Juice	Italian Beef & Italian Sausage Hoagie Bun Spudsters Carrot Coin Salad Blueberry Crisp	Oven Fried Chicken Quarter Mashed Potatoes Green Beans Wheat Bread & Marg. Applesauce	BBQ Pork & Bun Baked Beans Mixed Vegetables Pineapple	Cheeseburger W/Pickles Baby Carrots Cauliflower/Broccoli Salad Bun Cook's Choice: Fruit 100% Fruit Juice
Turkey Manhattan Mashed Potatoes Peas Cook's Choice: Dessert Sourdough Bread	Spaghetti Garlic Bread Tossed Salad Italian Dressing Green Beans Pineapple	Salisbury Steak W/Gravy Carrots Broccoli Wheat Bread & Marg. Strawberries	Stuffed Green Peppers Cubed Potatoes Wheat Roll & Marg. Fresh Fruit (In Season) 100% Juice	Chicken & Noodles Mashed Potatoes Green Beans Bread & Marg. Tropical Fruit Brownie & Whipped Topping
Pork Roast Peas Vegetable Blend Wheat Bread & Marg. Fruit Cocktail	Ham & Beans Chef's Choice: Vegetable Cornbread & Marg. Apple crisp	Cheeseburger Bun Corn Green Beans Apricots	Sliced Turkey Lettuce, Tomato Slice, Mayo Rye Bread Potato Salad Fruit Salad Orange Juice	Pepper Steak W/Onions & Peppers Macaroni & Cheese Cauliflower Roll Peaches
Country Fried Steak Gravy (White) Mashed Potatoes Spinach Bread & Marg. Strawberries	Meatballs & Noodles W/Gravy Mixed Vegetables Salad W/Tomato Wedge Western Dressing Roll & Marg	Meatloaf Baby Bakers Green Beans Bread & Marg. Peaches	Chicken Breast Patty Bun & Mayo Red Potatoes Broccoli Applesauce	Smoked Sausage & Bun Sauteed Peppers & Onions Peas Carrot Slaw Apple